



Basingstoke Bluefins Swimming Club
The Aquadrome
Basingstoke Leisure Centre
Worting Road
Basingstoke.
RG22 6PG

Dear Friend,

BASINGSTOKE BLUEFINS/CYSTIC FIBROSIS TRUST - CHARITY SWIM – 26 JANUARY 2009

Thank you agreeing to take part in the sponsored swim – your efforts will be appreciated by CF Trust (www.cftrust.org.uk), Basingstoke Bluefins members and the general public. Although the event will be on Monday 26 January 2009, we have sent you this information in advance so you might have plenty of time to secure maximum sponsorship.

1) Timings on the evening

Academy	5.15 – 5.45pm	warm-up, then 20 minute swim with distance recorded
Development 2	5.45 – 6.15pm	warm-up, then 20 minute swim with distance recorded
Development 1 (special session)	6.15 – 6.45pm	warm-up, then 20 minute swim with distance recorded

Relay challenge 6.45 – 7.15pm warm-up, then 20 minute relay race
This event will have a number teams (includes swimmers from all squads). The teams will swim continuous 50m legs. The winners will be the team in the lead after 20 minutes.

Young Achievers/Age Group	7.15 – 7.45pm	warm-up, then 20 minute swim with distance recorded
JP & Performance	7.45 – 8.15pm	warm-up, then 20 minute swim with distance recorded
County	8.15 – 9.00pm	warm-up, then 20 minute swim with distance recorded
Masters	9.15 – 10.00pm	normal Masters swimming

Please arrive 15 minutes before your session (we will have a registration desk pool-side), so we can process your sponsorship forms & organise you into lanes. Each child will then have a parent counting the number of laps during the swim – get Mum/Dad or another relative to come and support you !! They could help us with lap-counting. Waterpolo swimmers – check with Gerry Lay for which session to join if you do not normally swim in a 'Monday' squad. If Masters wish to do a full 20 minute swim, they might join in with County squad (or at 9.00pm).

For 'Development 1' children that do not swim on a Monday, please join in the extra session at 6.15pm, and we will assign you to an appropriate lane. This event is for all the club so please join in. You will see some of the older swimmers and might be inspired to perform miracles in the pool.

At the end of the session, your laps will be totalled, and you will receive a certificate/badge depending on the distance completed (for Development 1 & 2, Academy and Young Achievers).

Sharks swimmers are able to join-in with their normal Monday squads where appropriate, and the Lessons swimmers are having their own event currently planned for Saturday 10 or 17 January at Cranbourne School 12-3pm).

2) Side stalls & competitions

You are cordially invited to arrive in advance and/or stay on to support other swimmers. A party atmosphere is what we're looking for.

There will be a number of side-stalls (such as sweets, bagatelle etc.) – parents or older brothers/sisters, we need help in running the stalls. We will also be playing music on the PA system, so like the Summer Fun Swim, bring your favourite CDs or suffer (again) the appalling taste of the resident DJ !!!!!!!

SEE OVER FOR FUNDRAISING INSTRUCTIONS & TIPS

3) Fundraising – the details

You will find enclosed the sponsorship form, complete with an envelope for returning monies raised. The form is a standard one from CF Trust (complete with brief information on what Cystic Fibrosis is). Fill out your details on the front.

Where should you seek sponsorship ?

Work - Get your Mum/Dad to take the form into their workplace and ask their colleagues to sponsor you. This can be a great source of funds – especially if the boss fills it in first with a large donation.

If you get so many sponsors, you run out of room, then ask for/take another form.

Neighbours - Ask as many of your friendly neighbours as possible to sponsor you. Neighbours and family friends are normally pleased to donate to somebody they know – but be careful about approaching strangers or knocking on doors without parental supervision.

Friends - school or college friends - £1 or £2 from each classmate soon mounts up (especially if you have 100 in your year !! Even ask teachers. You could ask their parents for sponsorship at the end of school ! Invite them to come and cheer you on during the evening.

Family - easiest and quickest to ask parent, grandparents, uncles, aunts etc.

What about Giftaid ?

For any adult that sponsors us, we are allowed to reclaim an extra 28% from the Inland Revenue (provided that person pays UK tax). That's why it's important for them to fill out their address/post code and put a tick in the Giftaid box. Donor details will be kept confidential, and their name will **not** be put on any mailing list !!

How long have I got ?

You can collect sponsors from when you receive the form, right up until when you swim the event.

Can I encourage a friend to swim ?

YOU BET – if your friends in your squad (only Bluefins members can swim) haven't yet signed-up, tell them to get a form and challenge them to beat your total of laps. They will have fun too and we will raise more money. There will be spare forms on the notice board.

Remember to collect all monies in advance if possible (hand over the money on the night), but if not return it all by the end of February. Any cheques should be made payable to 'Basingstoke Bluefins Swimming Club'. Write your name on the front of the envelope, complete with a total of all the monies you have raised. When the final total is known, we will present all proceeds to CF Trust and publicise it.

4) Finally

CF Trust will also be awarding certificates for meritorious fundraising – We will post the final total on the club's website as soon as possible after the event - but take note, **THE TOP BOY/GIRL FUNDRAISER IN EACH GROUP WILL GET A PRIZE !!! SO START COLLECTING TODAY !!**

Thanks for your support & enjoy yourselves on the evening. Check the website/Aquadrome notice board for any last minute information (e-mail us at admin@swimbluefins.org or barry.neale2@btopenworld.com)